



At Dinner MoJo, we put a lot of thought, pride and love into our work. We want you to be as happy as possible with our service. Please fill in the information below to the best of your ability. If you are answering this for more than one person, please only give the common likes and dislikes, and not just the answers for yourself. It will help us design your custom menu.

Contact Information:

Name: _____

Address: _____

Home #: _____ Cell #: _____

Work #: _____ Email: _____

Birthdays: _____

What concerns do you have about your current dining habits?

What are some of your favorite local restaurants? _____

Are you willing to do any food preparation such as bake a casserole, boil pasta or grill meat? Y / N

Would you like menu approval? Y / N

Is anyone lactose intolerant? Y / N

Is anyone diabetic? Y / N

Are there any medical conditions / allergies pertaining to your diet? Y / N

If yes, please explain. _____

Are you on a diet or are you following a specific eating plan / style? _____

(Ex. Mediterranean, Weight Watchers)



Making your world better, one meal at a time





Kitchen Information

Stove is Gas / Electric

Broiler Y / N

Are all burners functioning? Y / N

Is the oven temperature accurate? Y / N

Do you know how to change the power settings on your microwave? Y / N

(This will be important when heating your meals. We can show you how if necessary.)

Is it all right to use your kitchen equipment, if necessary? Y / N

The Fun Part - Circle the foods you enjoy!!

Proteins

Beef Pork Veal Lamb Chicken Turkey Duck Fish Shellfish Tofu

Boneless / Skinless / No preference

Comments/Concerns:

Fish/Shellfish: comments/concerns/favorite

Cheese: Cheddar Swiss Monterey Jack Pepper Jack Blue Cheese Goat Gouda
Feta Mozzarella Provolone Parmesan Brie Smoked Ricotta Cream Cottage

Fruits: Apples Apricots Avocado Banana Blackberries Blueberries Cantaloupe Cherries
Cranberries Grapefruit Grapes Honeydew Kiwi Mandarin Oranges Mango Oranges Peaches
Pears Pineapple Plums Raisins Raspberries Tangerines Tomato Strawberries



Making your world better, one meal at a time





Veggies: Artichokes Asparagus Bamboo Shoots Beets Refried Bean Black Beans Broccoli
Brussel Sprouts Cabbage Carrots Cauliflower Celery Cucumber Corn Eggplant Fennel
Garbanzo Beans Green Beans Green Onions Kidney Beans Leeks Lentils Mushrooms Onion
Peas Bell Peppers Hot Peppers Potatoes Radishes Shallots Spinach Sugar Snap Peas Snow
Peas Olives Sweet Potatoes Water Chestnuts White Beans Squash Zucchini

Please Circle your preference for spicy foods: Bland Mild Moderate Very

Spices and Seasonings: Oregano Sage Rosemary Thyme Cumin Cilantro Coriander Paprika
Red Pepper Curry Dill Ginger Garlic Lemongrass Chili Powder Parsley Pepper Salt
Capers Basil Saffron Mint Clove Savory Tarragon Cinnamon Nutmeg Mustard
Soy Sauce Honey BBQ Hoisin Teriyaki Wasabi Horseradish Sherry Marsala Chipotle Mole
Coconut Tamarind Sesame

Pastas and Grains: Pasta Whole Wheat Pasta Rice-white/brown CousCous Quinoa
Risotto Wild Rice Basmati rice Jasmine Rice Bulgur Barley

Do you enjoy salads as a main entree? Y / N

Which salads do you enjoy? Romaine Arugala Spinach Mixed Greens Iceberg
Slaw Fruit Rice Pasta Veggie

Which dressings do you enjoy? Green Goddess Ranch 1000 Blue Cheese
Vinaigrette Caesar Other_____

Circle your preference for Vegetarian Entrees: Occasionally Frequently Never

You may now scan questionnaire into computer and email, or fax to **562-606-2169**,

and we will be in touch to set up an in person interview.

Thank you for your time!! We look forward to being your Personal Chef Service!



Making your world better, one meal at a time

